

2013 Stanford Track & Field Invitational Schedule of Events			<u>* "G" Girls High School</u>	<u>* "M" Men's College</u>
Friday, March 29, 2013			<u>* "B" Boys High School</u>	
Friday Running Events			<u>* "W" Women's College</u>	

Time	Events	Section/Advancement Procedure		
11:00am	M - 5000m	#4	Schedule as of March 12, 2013: ***Please note the time changes in the javelin and pole vault events***	
11:18am	W - 5000m	#4		
11:45am	W- 100mH Prelims	Prelims: 5 Races, Top 9 Times to Final		
12:06pm	M- 110mH Prelims	Prelims: 4 Races, Top 9 Times to Final		
12:27pm	W- 100m Prelims	Prelims: 6 races, Top 9 Times to Final		
12:40pm	M- 100m Prelims	Prelims: 6 races, Top 9 Times to Final		
1:05pm	W- 1500m	Open Sections		
1:27pm	M- 1500m	Open Sections		
1:43pm	W-100m	FINAL		
1:46pm	M- 100m	FINAL		
1:50pm	G - 3000m	2 races		
2:16pm	B- 3000m	2 races		
2:40pm	G- 400mH	4 races		
2:53pm	W- 400mH	4 races		
3:05pm	B- 400mH	4 races		
3:20pm	M- 400mH	4 races		
3:35pm	G - Distance Medley Relay	2 races		
4:10pm	B - Distance Medley Relay	2 races		
4:45pm	W - 400M	4 races		
5:00pm	M - 400M	6 races		
5:15pm	W - 3000m Steeple	#3		
5:30pm	W - 3000m Steeple	#2		
5:45pm	W - 3000m Steeple	#1		
5:58pm	M - 3000m Steeple	#2		
6:12pm	M - 3000m Steeple	#1		
6:25pm	W - 1500m Invitational	#3		
6:32pm	W - 1500m Invitational	#2		
6:39pm	W - 1500m Invitational	#1		
6:46pm	M - 1500m Invitational	#3		
6:52pm	M - 1500m Invitational	#2		
6:58pm	M - 1500m Invitational	#1		
7:07pm	W - 5000m	#3		
7:27pm	W - 5000m	#2		
7:47pm	M - 5000m	#3		
8:05pm	M - 5000m	#2		
8:23pm	W - 5000m	#1		
8:42pm	M - 5000m	#1		
8:58pm	W- 10000m	#1		
9:36pm	M- 10000m	#1		
10:10pm	W - 10000m	#2		
10:48pm	M - 10000m	#2		

Friday Field Events

Time	Event		Minimum Measurements	
9:00AM	M- Javelin Collegiate	1 Flight of 14, 4 Throws	160'	
10:00AM	M- Hammer Collegiate	2 Flights of 12, ONLY 4 Throws Each	150'	
10:30AM	W - Javelin Collegiate	1 Flight of 14, Top 9 to Final	180'	
10:30AM	W- Shot Put Invitational (Ring 1)	1 Flight of 14, Top 9 to Final	42'	
10:30AM	W- Shot Put Collegiate (Ring 2)	1 Flight of 14, ONLY 4 Throws Each	38"	
11:30AM	M- Long Jump Collegiate	1 Flight of 15, ONLY 4 Jumps Each	21'6"	
11:30AM	W- Long Jump Collegiate	1 Flight of 16, ONLY 4 Jumps Each	17'6"	
12:30PM	W - Javelin Invitational	1 Flight of 14, Top 9 to Final	130'	
1:00PM	M- High Jump	2 Pits		
1:00PM	W - Pole Vault Invitational	5 Alive		
2:15PM	M- Long Jump Invitational	1 Flight of 16, Top 9 to Final	21'6"	
2:15PM	W- Long Jump Invitational	1 Flight of 16, Top 9 to Final	17'6"	
2:30PM	W - Hammer Invitational	1 Flight of 13, Top 9 to Final	150'	
2:30PM	M- Javelin Invitational	1 Flight of 14, ONLY 4 Throws Each	120'	
3:00PM	W- High Jump	2 Pits		
3:30PM	M - Pole Vault Invitational	5 Alive		
4:00PM	M - Discus Invitational	1 Flight of 13, Top 9 to Final	150'	
4:30PM	B- Long Jump	2 Flights of 15, ONLY 4 Jumps Each	20'6"	
4:30PM	G- Long Jump	2 Flights of 15, ONLY 4 Jumps Each	16'6"	
5:30PM	B- Pole Vault Invitational	5 Alive		
5:30PM	G - Pole Vault Invitational	5 Alive		
6:00PM	M- Discus Collegiate	2 Flights of 12, ONLY 4 Throws Each	140'	